

# Starters

Why did you come?

What do you hope to learn?

Everybody's relationship to money is unique

Examine assumptions about money

Participants may share personal information if moved and we observe confidentiality regarding our sharing together



# MONEY CAFE

## MENU

## Entrées

*Which question would feed you most?  
What speaks to you?*

What is your relationship with money?

When does money bring you joy? Sorrow?

What is one concern you have about money in your life right now?

What was your family relationship around money growing up?

Share an experience that shaped your relationship with money

What's an important lesson you learned about money, and how did you learn it?

How do you make decisions around money?  
What's a difficult decision you've had to make?

## Side Dishes

*What do you want as a side? What do you already have as a side? What feelings does money evoke? What meaning do you attach to it?*

### Feelings

Pride	Anxiety	Fear
Shame	Ignorance	Loathing
Powerless	Desire	Drained
Envy	Confusion	Enchanted
Hope	Excitement	Confident
Disinterest	Cynical	Generous
Obsession		

### Meanings

Security	Burden	Servitude
Freedom	Safety	Control
Power	Responsibility	Addiction
Status	Gift	Connection
Possibility	A Tool	Knowledge
Achievement	Mystery	Practicality

# Dessert

What are choices you can see yourself making to move towards a wiser relationship with money?

Who do you want to have an honest conversation with about money?

How do you measure what's enough, and what do you do with the rest?

What can we find in common that we don't want others to struggle with?

# Take Out

**Money and Soul**  
by Pamela Haines

**The Psychology of Money**  
by Morgan Housel

**The Right Use of Money**  
edited by David Durban

# Hot & Cold Drinks Readings for reflection

**1 Timothy 6:10**

*For the love of money is the root of all kinds of evil—some, longing for it, have gone astray from the faith and pierced themselves through with many sorrows.*

**Matthew 6:24**

*No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.*

**Dorothy Day**

from *The Witness of Dorothy Day and the Future of Liberation Theology*  
*We must talk about poverty, because people insulated by their own comfort lose sight of it.*

**Thich Nhat Hanh**

from *The Raft is Not the Shores* by Thich Nhat Hanh and Daniel Berrigan (p. 102)  
*The real Buddhist cannot be rich. If you have compassion, you cannot be rich... compassion, both in Buddhism and in Christianity, is so important, so basic, that you can be rich only when you can bear the sight of suffering. If you cannot bear that, you have to give your possessions away.*

**Rig Veda**

(10-177-6)  
*One may amass wealth with hundreds of hands but one should also distribute it with thousands of hands. If someone keeps all that he accumulates for himself and does not give it to others, the hoarded wealth will eventually prove to be the cause of ruin.*

**Sahih Muslim**

Hadith 2588  
*Charity does not decrease wealth*

**Confucius**

from *The Analects*  
*It is a shameful matter to be poor and humble when the Way prevails in the state. Equally, it is a shameful matter to be rich and noble when the Way falls into disuse in the state.*

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