

## Money Cafe

Money appears as a taboo and “unspiritual” topic, and at the same time money deeply shapes our lives, our relationships, and our communities. Right Sharing of World Resources brings the Money Cafe where we explore our personal and ancestral histories with money, how this shows up in our relationships, and choices we can make as we let our lives speak.

This gathering is inspired by the [Death Cafe](#) concept, which is about creating a space for conversations around death and dying given this can be a taboo topic. Money is similarly difficult to discuss. An underlying question is: why do you think talking about money isn't more normalized in our culture?

We invite you to share personal experiences, as the queries point towards. Focus on listening and being curious when others share. We recommend you spend the bulk of your time sharing in small groups. If you have more time, additional time can be allocated to the small group discussions.

### Instructions

### Suggested Time

Settle in with silence and introduce the topic

10 min

Put people into small groups of 4 to 5 people. To start the small group sharing, each person can share what brings them to this space (or respond to one of the queries below). After each person has shared, the small group can have an open discussion on what's coming up. It could be noticing a common thread in the initial responses, or something else arising entirely. During the conversation participants can feel free to refer to the following queries (one of which one can answer in the initial go-around sharing).

25 min

Possible Queries (share them all or pick a few that are most relevant to your group):

Trace your story around money from how it was held by your ancestors, to your growing up, to the present.

Who in your life would you most like to have an honest conversation about money with?

Share a formative experience you've had around money.

Share a baffling or mysterious experience around money.

What was a challenging decision you made around money, and what did you learn from it?

What does money represent to you (Security, status, achievement, comfort, power, freedom, burden, responsibility, etc.)? Share an experience where that representation came to life.

Have a large group discussion around what came up in the small groups. It can help to ask one person to share an experience they shared in their small groups to get the discussion going. Questions for a discussion can be: 10 min

What was that like?

Was there anything difficult about this?

What was it like to hear from others who had different experiences of money?

[Worship share](#) on the following prompt: 15 min

Share anything that is rising in this moment, or any ah-ha moments that led you to reflect on how you might change your behavior, habits, or choices you make.