

Starters

- Why did you come?
What do you hope to learn?
- Everybody's relationship to money is unique
- Examine assumptions about money
- Participants may share personal information if moved and we observe confidentiality regarding our sharing together



Entrées

*Which question would feed you most?
What speaks to you?*

- What is your relationship with money?
- When does money bring you joy? Sorrow?
- What is one concern you have about money in your life right now?
- What was your family relationship around money growing up?
- Share an experience that shaped your relationship with money
- What's an important lesson you learned about money, and how did you learn it?
- How do you make decisions around money?
What's a difficult decision you've had to make?

Side Dishes

What do you want as a side? What do you already have as a side? What feelings does money evoke? What meaning do you attach to it?

Feelings

Pride	Anxiety	Fear
Shame	Ignorance	Loathing
Powerless	Desire	Drained
Envy	Confusion	Enchanted
Hope	Excitement	Confident
Disinterest	Cynical	Generous
Obsession		

Meanings

Security	Burden	Servitude
Freedom	Safety	Control
Power	Responsibility	Addiction
Status	Gift	Connection
Possibility	A Tool	Knowledge
Achievement	Mystery	Practicality

Dessert

- What are choices you can see yourself making to move towards a wiser relationship with money?
- Who do you want to have an honest conversation with about money?
- How do you measure what's enough, and what do you do with the rest?
- What did I notice that I struggle with that others also struggle with? What's something we can do so others have an easier time?

Take Out

- Money and Soul**
by Pamela Haines
- The Psychology of Money**
by Morgan Housel
- Money & Faith**
edited by Michael Schut

Hot & Cold Drinks Readings for reflection

- 1 Timothy 6:10** *For the love of money is the root of all kinds of evil—some, longing for it, have gone astray from the faith and pierced themselves through with many sorrows.*
- Matthew 6:24** *No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.*
- Dorothy Day** *from The Witness of Dorothy Day and the Future of Liberation Theology*
We must talk about poverty, because people insulated by their own comfort lose sight of it.
- Thich Nhat Hanh** *from The Raft is Not the Shores by Thich Nhat Hanh and Daniel Berrigan (p. 102)*
The real Buddhist cannot be rich. If you have compassion, you cannot be rich... compassion, both in Buddhism and in Christianity, is so important, so basic, that you can be rich only when you can bear the sight of suffering. If you cannot bear that, you have to give your possessions away.
- Rig Veda** (10-177-6)
One may amass wealth with hundreds of hands but one should also distribute it with thousands of hands. If someone keeps all that he accumulates for himself and does not give it to others, the hoarded wealth will eventually prove to be the cause of ruin.
- Sahih Muslim** Hadith 2588
Charity does not decrease wealth
- Confucius** *from The Analects*
It is a shameful matter to be poor and humble when the Way prevails in the state. Equally, it is a shameful matter to be rich and noble when the Way falls into disuse in the state.

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The Money Cafe Menu is a fun and accessible way to explore our relationship with money. Pick an “entree” query to respond to and see what “side dishes” will go with it. Reflect as you “sip” on one of the “Hot & Cold Drinks.” Pick a quote that resonates with you, or that is challenging in some way. Then pick a “Dessert” to respond to as the feast is nearing its end. As you finish your reflection, you might be motivated to continue this exploration through reading something on the “take out” menu.

After you’ve answered the questions or reflected on a given section, here are discussion questions to deepen the exploration.

Entrées

- What made you choose this entree?
- Did some entrees look too filling to choose right now?
- Would you want a to-go box to take one of these to snack on later?

Side Dishes

- What side dishes best fit with the entree you chose?
- Would you have picked a different side as a child? Why the change since then?

Hot & Cold Drinks

- Did you gulp any of these down and want a second order (did any resonate with you)?
- Did you spit out any of these immediately and want something else (did any not resonate with you)?
- Did you try any of these growing up and they have left a bad taste in your mouth?
- Which one do you want to order next time?

Dessert

- Are any of the desserts too rich or decadent for you? Or not sweet enough? Why?
- What’s something you’d want to try next time you visit the cafe, from anywhere on the menu?